

BRITISH COLUMBIA

# Salt Spring Island

Discover fresh seasonal flavours, perfect gourmet gifts and Canadian-made fashion in this West Coast paradise

BY JILLIAN BELL

## GOURMET TREATS

Indulge in all-natural goodies like handcrafted chocolate peanut butter cups or blood orange sorbetto at **Harlans Chocolates and Gelato**. Craving savoury? Stop by **Salt Spring Island Cheese** for delicious local offerings in flavours like white truffle, lemon or chili. 100 Lower Ganges Rd., [harlanschocolates.com](#); 285 Reynolds Rd., [saltspringcheese.com](#).

## BEST BEER

Stop by **Gulf Islands Brewing** to try award-winning Saltspring Island Ales. It's made in small batches, using local ingredients. Schedule a tour of the rustic wooden barn or drop by the tasting loft on Fridays and Saturdays for some complimentary sips (we recommend the tasty new Earl Grey IPA). 270 Furness Rd., [gulfislandsbrewery.com](#).

## PERFECT PATIO

With delicious eats and a relaxed outdoor setting, the **Tree House Cafe** is the local hangout. Stop by for dinner so you can chill out under the plum trees and stars. Order the hearty lamb stew (meatballs, butternut squash and kidney beans in a spiced tomato broth) or the Thai coconut-mango halibut with lime leaf and lemon grass. 106 Purvis Lane, [treehousecafe.ca](#).

## HAUTE HOTEL

Check into the **Harbour House Hotel** and unwind in one of the plush rooms with a view of the gorgeous Ganges Harbour. The best part is the adjacent family farm, which supplies the restaurant with 70 varieties of organic produce, plus lamb and eggs. Take a guided tour of the 2.5-acre property filled with rows of fruit and veggies. 121 Upper Ganges Rd., [saltspringharbourhouse.com](#).

## FALL FOR STYLE

Located in a purple heritage house, **Twang & Pearl** is a cute boutique that bills itself as "a little bit country, a little bit cocktail party." Update your wardrobe with flirty frocks from B.C. label Cherry Velvet, cozy knit sweaters, buttery leather bags and suede ankle boots. 112 Hereford Ave., [twangandpearl.com](#).

## COOL CULTURE

Stop by the expertly curated **Pod Contemporary Gallery** to check out art by Salt Spring's own creative types and stock up on cool Canadian-made wares. You'll find polka-dot pottery from Vancouver's Nevena Tadic and sweet-smelling soaps and candles from Lucia in Montreal. #102-150 Fulford Ganges Rd., [facebook.com/podcontemporarygallery](#).



HARBOUR HOUSE HOTEL



SALTSRING ISLAND ALES



SALT SPRING ISLAND CHEESE COURTYARD

**DIGITAL**  
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TWANG & PEARL

POD CONTEMPORARY GALLERY